

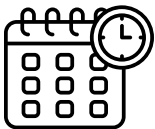


# NEXTGEN COUNSELING

*with Dr. Russell Sabella*

## FOR MENTAL HEALTH PROFESSIONALS

Join renowned school counseling expert Dr. Russell A. Sabella for a full-day interactive workshop exploring two timely and impactful topics in school counseling: Artificial Intelligence (AI) and Solution-Focused School Counseling. Participants will gain practical strategies, tools, and resources to enhance efficiency, student support, and counseling outcomes. In-person attendees will receive a complimentary book.



**Monday**, September 28, 2026  
8:30 AM - 3:30 PM



Region One ESC  
Hidalgo County Room



Workshop #420721  
Fee \$200

### Audience

School-based  
Counselors, Mental  
Health Providers,  
Social Workers,  
School  
Psychologists,  
Facilitators, and  
Directors.

**For more  
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